

# X8 BODY JEWELRY TERMINOLOGY

## Straight Barbell:

Straight shafts where the balls thread on to both ends.  
Worn in the tongue, nipples, ears and earlobes.  
Most common size 14G.  
Standard length for tongue 5/8" and 1/2".



## Bananabells:

Curved barbell with one larger ball on the end.  
Worn in: primarily designed for the navel.  
Most common size: 14G (3/8" or 7/16" long)

## Circular Barbell:

Circular Barbells (Horse-shoe) are similar to Captive Bead Rings (CBR) in the fact that they can be worn just about anywhere. They are easier to use because they have two balls on each end that are threaded on.

Worn in: ears, navel, nipple, labret, eyebrow  
Most common size: 16G (3/8" or 7/16" length)



## Labret / Monroe:

Have a flat disk that is attached to the post (unless you get it internally threaded in which both ends unscrew).  
The ends can be changed out.

Worn in: tongue, around the mouth

Most common size: 16G (5/16" or 3/8" length)

## Curved Barbell:

Curved shaft with balls that thread on to each end.

They are the preferred choice for the eyebrow to help reduce migration.

They are also great for piercings where you wore a captive bead ring and now want to switch to a new piece of jewelry.

Worn in: eyebrow, navel, nipples

Most common size: 16G for eyebrows 5/16" or 3/8" length



## Captive Bead Rings (CBR):

Captive Bead Rings are pretty much the "anywhere" jewelry. They are the most commonly worn. They hold a dimpled bead in place through tension that you pop in and out. The bead is dimpled and basically the ends of the ring snap into the dimples on the bead.

Most common size: 18G & 16G (length 3/8" and 7/16")

Worn in: ears, navel, nipple, labret, eyebrow

Ball Closure Rings look just like Captive Bead Rings (CBR) except that the bead is not dimpled and the end of the shafts are curved just a bit so that they clasp around the bead. Usually available in larger gauge jewelry.

## X8 HARDWARE CONVERSION CHARTS

Gauge	Inches	Millimeters	Diameter	Inches	Millimeters
20	0.032	0.8	5/16	0.312	8
18	0.040	1.0	3/8	0.375	9.5
16	0.051	1.2	7/16	0.437	11
14	0.064	1.6	1/2	0.5	13
			5/8	0.625	16